**Aid Stations & Cut-Off Times**

All aid stations on the racecourse will be manned by volunteers and members of CEMP (California Emergency Mobile Patrol). Ventura Country Sheriff’s S&R will also be roaming the racecourse. Aid stations will serve water, ice, race drink and sweet and salty ultra food.

**50K RACE**

The 50k is 30.30 miles with 5400’ of elevation gain and loss.

The following cut-off times will be established to insure runners have the ability to complete the course in the required time. Runners must LEAVE the aid station before the cut-off time or they must be driven back to the finish line when the aid station breaks down. (MILEAGES APPROXIMATE)

* Chumash Trail Station (mile 5.5) – no cut-off
* Las Llajas/Marrland Station (mile 8.8) – no cutoff
* Tapo Canyon Station (Mile 14.3) cutoff is 11:00am
* Las Llajas/Marrland Station (Mile 19.5) cutoff is 12:30pm
* Chumash Aid Station (Mile 25.5) cutoff is 2:30pm

Please take your bag to the black F150 truck parked by the Penske truck. Be sure to put your bib number or name on your bag. Drop bags will be driven to the Tapo Canyon Station for all 50k runners and returned to the start/finish area at approximately 12:00 p.m. Unclaimed drop bags will be donated or disposed.

**30K RACE**

The 30k is 18.63 miles with 3458’ of elevation gain and loss.

The following cut-off time is established to insure runners have the ability to complete the course in the required time. Runners must LEAVE the aid station before the cut-off time or they must be driven back to the finish line when the aid station breaks down. (MILEAGES APPROXIMATE)

* Chumash Trail Station (Mile 13.75) by 2:30pm

There are no drop bags for the 30K.

**15K RACE**

* The 15k is 9.21 miles with 1830’ of elevation gain and loss.
* There is one aid station at Chumash Trail (Mile 4.6).
* There is no cut-off time for the 15k.