**Aid Stations & Cut-Off Times**

All aid stations on the racecourse will be manned by volunteers and Ventura Country Sheriff’s S&R. Aid stations will serve water, ice, race drink and sweet and salty ultra food.

**50K RACE**

The 50k is 30.30 miles with 5400’ of elevation gain and loss.

The following cut-off times will be established to insure runners have the ability to complete the course in the required time. Runners must LEAVE the aid station before the cut-off time or they must be driven back to the finish line when the aid station breaks down. (MILEAGES APPROXIMATE)

* Chumash 1 Station (mile 5.5) – no cut-off
* Marr Land/Las Llajas 1 Station (mile 8.8) – no cutoff
* Tapo Open Space Aid Station (Mile 14.3) by 11:00am
* Marr Land Aid Station 2 (Mile 19.5) by 12:30pm
* Chumash #2 Aid Station (Mile 25.5) by 2:30pm

Drop bags will be driven to the Marr Land Station 1/2 (mile 8.8 & 19.5) for all 50k runners and returned after the last cut off at 12:30 p.m. Please take your bag to the black F150 truck parked by the Penske truck. Be sure to put your bib number or name on your bag. All unclaimed drop bags will be donated approximately 1-week after race date.

**30K RACE**

The 30k is 18.63 miles with 3458’ of elevation gain and loss.

The following cut-off time is established to insure runners have the ability to complete the course in the required time. Runners must LEAVE the aid station before the cut-off time or they must be driven back to the finish line when the aid station breaks down. (MILEAGES APPROXIMATE)

* Chumash 2 Aid Station (Mile 13.75) by 2:30pm

There are no drop bags for the 30K.