**Aid Stations & Cut-Off Times**

* Aid stations are manned by volunteers; please be polite to them.
* Aid stations do not have guaranteed communication with the finish line or other aid stations.
* They will do their best to share information in as timely a manner as is possible. Their primary purpose is to support the runners passing through their stations, so please be understanding!
* Aid station Captains have authority to make decisions, including pulling runners for missed cut-off times or for runner safety. All decisions made by Captains are final!
* All mileage estimates are per 2001 Tom Harrison maps.
* All aid stations are full stations, featuring standard ultra fare & support (water, sports drink, fruit, pretzels or chips, candy, cookies).
* Some stations may also have additional items such as PBJ sandwiches, ice, sponges, etc.
* Cut-off times indicate time the runner must leave the aid station.
* Runners accompanied by course sweepers are not guaranteed to make cut-off times.

**25K TRAIL RUN**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **#** | **Name** | **Miles** | **Next Aid** | **Cutoff** | **Crews/Spectators** |
| 1 | Bulldog Lateral Intersection | 4.0 | 3.5 | - | No Access |
| 2 | Corral Canyon | 7.5 | 5.6 | - | No Access |
| 3 | Tapia East | 13.1 | 2.6 | - | No Access |
| 4 | Malibu Creek State Park / Finish Line | 15.7 | - | 3:30pm(8 hrs) | Yes |

**50K TRAIL RUN**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **#** | **Name** | **Miles** | **Next Aid** | **Cutoffs** | **Crews/Spectators** |
| 1 | Bulldog Lateral Intersection | 4.0 | 3.5 | - | No Access |
| 2 | Corral Canyon | 7.5 | 5.6 | - | No Access |
| 3 | Tapia East | 13.1 | 2.2 | - | No Access |
| 4 | Malibu Creek State Park / Craggs RoadDrop bags for 50k ONLY | 15.3 | 3.7 | 11:00 am | No Access |
| 5 | Bulldog Lateral Intersection | 19.0 | 3.5 | 12:15 am | No Access |
| 6 | Corral Canyon | 22.5 | 5.6 | 1:30 pm | No Access |
| 7 | Tapia East | 28.1 | 2.6 | 3:15 pm | No Access |
| 8 | Malibu Creek State Park / Finish Line | 30.7 | - | 4:00 pm(9 hrs) | Yes |