



BULLDOG 50K ULTRA RUN & 25K TRAIL RUN

SATURDAY, AUGUST 22, 2009

A Road Runners Club of America 2009 Regional Championship 50K Race



2009 Trail Runner Trophy Series Races

YOU MAY REGISTER ONLINE AT



LOCATION: Malibu Creek State Park (CA) – Ventura FWY (101) to Las Virgenes Rd/Malibu Canyon – South towards Malibu (3-miles). Malibu Creek State Park will be on your right. **\$8.00 state parking fee payable at the park entrance. Parking is limited, PLEASE CARPOOL.**

THE COURSE: Challenging and scenic 50K/25K course on fire roads and trails in mountainous terrain with spectacular ocean and valley views.

EVENT TIMES:

~ 50K check in @ 5:30 AM – 50K race start @ 6:30 AM (9-hour time limit for 50K)

~ 25K check in @ 6:30 AM – 25K race start @ 7:30 AM (8-hour time limit for 25K)

VOLUNTEERS: Race day volunteers are needed. Please E-mail: trailrunvolunteers@yahoo.com.

ENTRY FEE: Please address checks to “ULTRALADIES”

50K - \$75.00 Pre-entry. \$85.00 postmarked July 15, 2009 or thereafter. ABSOLUTELY NO RACE DAY REGISTRATION.

25K - \$60.00 Pre-entry. \$70.00 postmarked July 15, 2009, or thereafter. ABSOLUTELY NO RACE DAY REGISTRATION.

GOOD NEWS: All finishers receive medals and commemorative race shirt; Awards 1-3 in 10-yr divisions; Overall winner's package; Awesome sponsor donated awards to all 1st place division winners and raffle winners; Masters and Grand Masters Awards; Complimentary light lunch to all runners wearing a race bib.

BAD NEWS: Entries are not refundable, transferable or deferrable to another event. Awards/prizes must be claimed in person. NO early starts, race switching, dogs, strollers; no runners under age 18; COURSE LITTERING WILL RESULT IN DISQUALIFICATION = DNF!

SAFETY: IT'S FRICK'N AUGUST PEOPLE... **ALL RUNNERS ARE REQUIRED TO CARRY 1-WATER BOTTLE, MINIMUM OR CAMELBAK !!!**

MAIL ENTRIES: Dervin, HC75 BOX73, Chama, NM 87520. **NOTE:** Snail Mail Registration closes on 8/1/09, please use Active.com thereafter.

WEBSITE: www.trailrunevents.com

E-MAIL: bulldogultra@yahoo.com

TELEPHONE: 575-756-4217

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Please PRINT legibly in ALL CAPITAL letters

Last Name: _____ **First Name:** _____ **Gender:** **M** **F**

50K _____ **25K** _____ **Shirt Size (circle):** M L XL **How did you learn about the race:** _____

Age on Race Day (no runners under 18 yrs): _____ **E-Mail:** _____

Address: _____

Street Apt. City State Zip

Day Phone: (____) _____ **Eve Phone:** (____) _____

***REQUIRED: Race Day Emergency Contact Name:** _____ **Phone:** (____) _____

THIS IS A RELEASE – IT CONTAINS LIMITATIONS AND LIABILITY... As a participant in the Bulldog 50K/25K, I am aware of the rigors and dangers of trail running. I understand that trail running involves being in remote areas for extended periods of time, far from services, that these areas may have many natural and man-made hazards which Race Management can not anticipate, identify, modify or eliminate and injury can happen to anyone, at any time. In accepting this entry to the Bulldog 50K/25K, I agree to take full responsibility for myself. I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Nancy Shura-Dervin, Larry Dervin, TrailRunEvents, The UltraLadies, National Park Service, CA State Park Service, and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I further assume any and all financial responsibility that may be incurred in the event I require emergency evacuation from the racecourse, including but not limited to air evacuation. I attest and verify that I am physically fit and have sufficiently trained for the completion of this race, and my physical condition to run this event has been verified by a licensed medical doctor. I understand that Race Management reserves the right to enforce race rules intended for the safety of runners and/or may create new race rules, as required during the event. I understand and agree to the use of my name, pictures and interviews in association with the Bulldog 50K/25K for use in broadcast, telecast, advertisements, books, films, videotape or any other reproduction thereof, with no monetary or other compensation to me. I understand that I must be present to claim any awards/prizes to which I may be entitled.

SIGNATURE _____ **DATE** _____